

# BASS Autumn Meeting 2016

Friday 09/12/2016

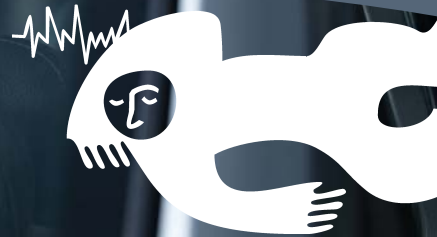
Brussels



## *Sleep at Work: Who Cares?*

**B**elgian  
**A**ssociation for  
**S**leep research and  
**S**leep medicine

*How sleep medicine impacts  
health and safety at work:  
opportunities and challenges*



### Venue

Royal Museums of Art and History  
Jubelpark / Parc du Cinquantenaire 10  
1000 Brussels

*View location on Google Maps*

*Metro station: Merode*

### Registration

[www.belsleep.org](http://www.belsleep.org)

### Fee

BASS members: *free*

Non-members: 40 €

### Accreditation

*Requested in section 5  
(Ethics and Economy)*

### Sponsors



Bioprojet

Inspire



Philips Respironics

# Program



Arrival and registration with coffee		08:45 - 09:15
<b>Welcome and introduction</b> <i>Elke De Valck</i>		09:15 - 09:30
<b>Main Session Part 1</b>		
<i>Chairs: Ilse De Volder, Julien Fanielle</i>		
<b>Occupational sleep medicine: a new and rapidly evolving discipline</b> <i>Raymond Cluydts, UZ Antwerpen</i>		09:30 - 09:45
<b>Assessment of driver fitness</b> <i>Tom Brijs, U Hasselt</i>		09:45 - 10:15
<b>Free Communications 1</b>	<i>Parallel session</i> <i>CBT-I intervision (for psychologists, in Dutch)</i> <i>Aisha Cortoos, Jana Maes, Annelore Roose</i>	10:15 - 11:00
<i>Chairs: Marie Bruyneel, Dries Testelmans</i>		
Coffee and tea break		11:00 - 11:30
<b>Free Communications 2</b>	<i>Parallel session</i> <i>CBT-I intervision (for psychologists, in French)</i> <i>Myriam Kerckhofs, Charleroi</i>	11:30 - 12:30
<i>Chairs: Sonia Scaillet, Alain Volckaert</i>		
Lunch		12:30 - 13:30
<b>Main Session Part 2</b>		
<i>Chairs: Elke De Valck, An Mariman</i>		
<b>Burnout and Sleep</b> <i>Göran Kecklund, Stockholm, Sweden</i>		13:30 - 14:15
<b>CBT-I in organisations</b> <i>Sophie Bostock, Southampton, UK</i>		14:15 - 15:00
Coffee and tea break		15:00 - 15:30
<b>Handling sleepiness in train drivers: the viewpoint of the employer</b> <i>Jo Van Weyenberg, B-Logistics, Belgium</i>		15:30 - 16:00
<b>Conclusion</b> <i>Johan Verbraecken, BASS president</i>		16:00 - 16:15
<b>Award ceremony and reception</b> <i>André Kahn Sleep Award, Woody Scientific Sleep Award, Apneu Vereniging Vlaanderen Research Award</i>		16:15 - 17:00

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How sleep medicine impacts health and safety at work:  
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