Guy's and St Thomas' NHS Foundation Trust

6th Clinical Update Sleep 10 February 2023		
08.00 – 08.45	**Satellite Seminar** (sponsored by Idorsia)	
08.15 – 08.55	**Registration, refreshments and exhibitor viewing, Platt Room**	
	Seligman Theatre	**Council Chamber**
08.55 – 09.00	**Welcome** Professor Joerg Steier, Consultant, Guys and St Thomas' NHS Foundation Trust	
09.00 – 10.30	**SESSION ONE (1)** **SLEEP-DISORDERED BREATHING I (ANDANTE)** Chairs: Esther Schwarz, Gianfranco Parati Speakers: Martino Pengo, Esther Schwarz, Gianfranco Parati	**SESSION ALPHA (A)** **INSOMNIA** Chairs: Alanna Hare, Chris Miller Speakers: Megan Crawford, Chris Miller, Jasvinder Singh Kaler
10.30 – 11.00	**Refreshment break, Platt Room**	
11.00 – 12.30	**SESSION TWO (2)** **SYMPTOM CONTROL** Chairs: Laura Carbonell-Perez, Alex Iranzo Speakers: Guy Leschziner, Alex Iranzo, Elaine Lyons	**SESSION BETA (B)** **CLINICAL OUTCOMES** Chairs: Ivana Rosenzweig, Martino Pengo Speakers: Renata Riha, Ivana Rosenzweig, Silke Ryan
12.30 – 14.00	**Lunch, Platt Room** **13.00 – 14.00 Keynote Lecture (Seligman Lecture Theatre)**	
14.00 – 15.30	**SESSION THREE (3)** **SLEEP-DISORDERED BREATHING II (CPAP AND NON-CPAP THERAPIES)** Chairs: Amanda Sathyapala, Winfried Randerath Speakers: Winfried Randerath, Chris Turnbull, Amanda Sathyapala	**SESSION GAMMA (Γ)** **PARASOMNIAS AND CIRCADIAN RHYTHM** Chairs: David O'Regan Speakers: David O'Regan, Malcolm Von Schantz, Panagis Drakatos
15.30 – 16.00	**Refreshment break, Platt Room**	
16.00 – 17.30	**SESSION FOUR (4)** **HOT TOPICS AND CLINICAL TRIALS** Chairs: Jean-Louis Pepin, Becky D'Cruz Speakers: Jean-Louis Pepin, Deeban Ratneswaran, Swapna Mandal	**SESSION DELTA (Δ)** **BRITISH SLEEP SOCIETY SYMPOSIUM** Chairs: Megan Crawford, Shruthi Konda Speakers: Nicola Read, Martin Allen, Thomas Penzel
17.30 – 17.35	**Take home messages/announcements**	

Registration – please plan your trip ahead of the day to avoid late arrival (www.rcplondon.ac.uk/visit-us)

The content of this programme was correct at publishing. We apologise if due to unforeseen circumstances or late amendments the arrangements on the day will slightly differ from the final version.