



Johan Verbraecken, Bertien Buyse, Hans Hamburger, Viviane Van Kasteel, Reindert Van Steenwijk (eds.)

# Sleep & sleep disorders

## A practical handbook

Sleep & sleep disorders: A practical handbook gives an in-depth overview of the fundamental aspects of sleep and important sleep disorders. It presents the physiology and pathophysiology as well as the clinical approaches and treatments of sleep disorders, paying special attention to paediatric sleep disorders.

This comprehensive basic volume is a practical guide for the diagnosis and treatment of sleep disorders in daily practice. Its contents are enriched by illustrations, flowcharts and a detailed index. This textbook is aimed at professionals in sleep and general medicine, such as physicians, biomedical doctors, laboratory technicians, nurse practitioners and pulmonary function analysts, and will also be of interest to scientists conducting fundamental research, psychologists, students, and others who are interested in studying sleep. Sleep & sleep disorders combines the knowledge of an international and multidisciplinary team of more than 100 experienced teachers and clinicians working at different academic sleep centres.

### about the authors

The book was compiled by Johan Verbraecken, Bertien Buyse, Hans Hamburger, Viviane van Kasteel and Reindert van Steenwijk. The foreword is by Mary Morrell, professor of Sleep and Respiratory Physiology at the National Heart and Lung Institute, Imperial College London.

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- Aimed at professionals in sleep and general medicine
- Combined knowledge of more than 100 experienced teachers and clinicians
- Enriched by illustrations, flowcharts and a detailed index

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