

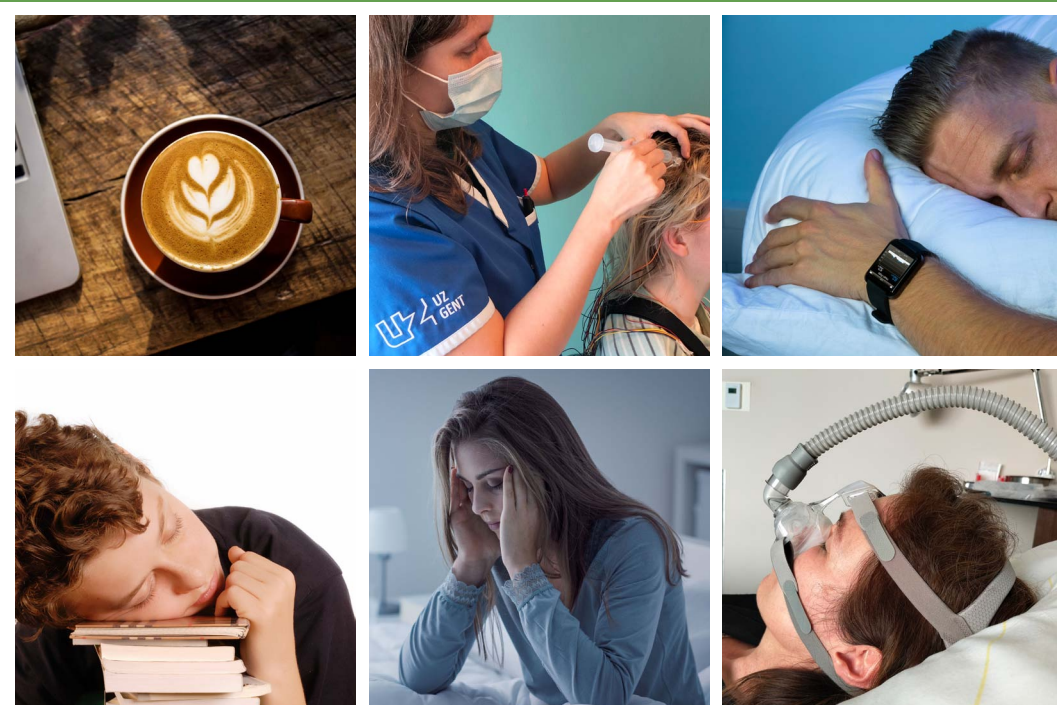


**B**elgian  
**A**ssociation for  
**S**leep research and  
**S**leep medicine

[www.belsleep.org](http://www.belsleep.org)

# BASS Spring Meeting 2023

Friday June 2                      Thagaste Gent



30 years of Sleep Medicine  
Ghent University Hospital

## A kaleidoscopic view on sleep medicine

### Venue

Augustinian Monastery  
Academiestraat 1  
9000 Gent

### Registration

[www.belsleep.org](http://www.belsleep.org)

### Fee

BASS members: free (80€ after 26/05/2023)  
Non-members: 50 € (80€ after 26/05/2023)

### Local organisers

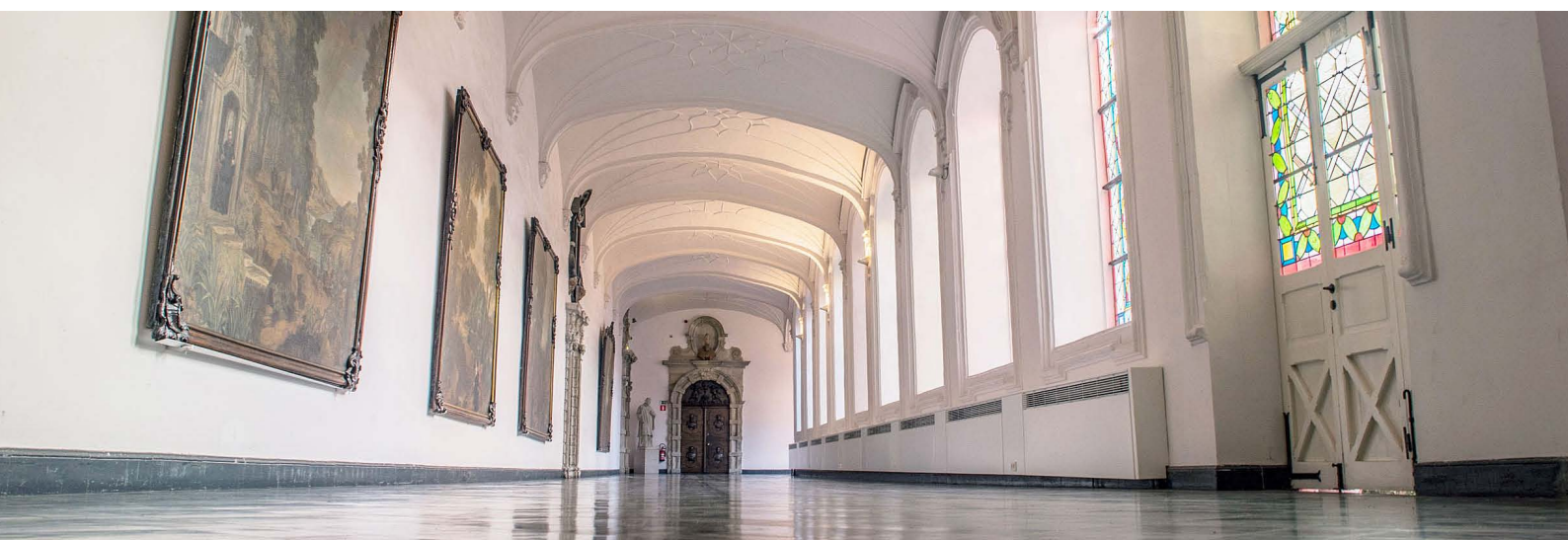
An Mariman & Dirk Pevernagie

### Accreditation

has been requested

### How to reach

[www.thagaste.be/#location](http://www.thagaste.be/#location)

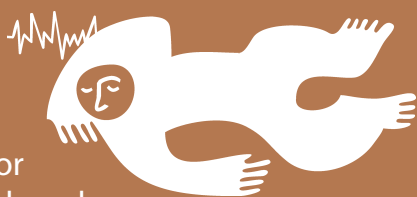


# Program

Arrival and registration with coffee	08:30 - 09:00
Welcome and introduction <i>Dries Testelmans, president of the BASS</i>	09:00 - 09:15
<b>Morning Session</b>	
<b>Chairs:</b> <i>Mélanie Strauss – Sonia Scaillet</i>	
<b>Drowsiness, fatigue and fatigability: separable concepts?</b> <i>Philippe Peigneux, UL Brussels</i>	09:15 – 10:00
<b>Coffee, caffeine, and sleep – Is Starbucks to blame for reduced sleep over the past 30 years?</b> <i>Hans-Peter Landolt, University of Zürich, Switzerland</i>	10:00 – 10:45
Coffee/tea break	10:45 – 11:15
<b>Chair:</b> <i>Marie Bruyneel</i>	
<b>Sleep medicine from an integrative perspective</b> <i>Dirk Pevernagie, UZ Gent</i>	11:15 – 12:00
Walking lunch	12:00 – 13:15
<b>Afternoon Session</b>	
<b>Chairs:</b> <i>Bertien Buyse – Johan Verbraecken</i>	
<b>Technological innovations of the Sleep Revolution project</b> <i>Erna Sif Arnardottir, University of Reykjavik, Iceland</i>	13:15 – 14:00
<b>Developments in unobtrusive sleep monitoring</b> <i>Sebastiaan Overeem, Kempenhaeghe and TU/e, NL</i>	14:00 – 14:45
Coffee/tea break	14:45 – 15:15
<b>Chair:</b> <i>An Mariman</i>	
<b>An update on central sleep apnea</b> <i>Dries Testelmans, UZ Leuven</i>	15:15 – 16:15
<b>Presentation of Lifetime Achievement Award</b> <i>Dries Testelmans</i>	16:15 – 16:30
Reception and adjourn	16:30 – 17:00

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Friday 02/06/2023 Thagaste, Gent

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Photo source: Thagaste